



825128 - Street Taco

Source: K12 Culinary
Number of Portions: 60
Size of Portion: each

Components:

Meat/Alt: 2 oz
Grains: 2 oz
Fruit:
Vegetable:
Milk:

Recipe Subgroups:

Whole Grain Rich

Attributes:

HACCP Process: #2 Same Day Service

Ingredients	Measures	Instructions
825039R Taco Filling: Beef.....	7 lbs + 8 OZS (EP)	Prepare Taco Filling according to recipe #825039. Each 10 lb of raw beef used for the recipe will yield about 7 1/2 b edible portion (EP) of taco filling. CCP: Heat to 155° F or higher for at least 15 Seconds
901049 ONIONS,RED,RAW..... 011165 CORIANDER (CILANTRO) LEAVES,RAW...	2 lbs + 6 ozs 2 cups	Weigh and rinse onions under running water. Drain in a colander. Using a chef's knife, cut onions in half, then dice into ½ inch pieces. Rinse cilantro under running water and dry well using a disposable paper towel. Finely chop using a chef's knife. (Note: 1.2 oz AP equals 1 cup chopped cilantro.) In a serving container, combine the onion and cilantro. CCP: Hold at 41° F or lower.
826195 Tortilla, WG, 6in, Mission 33822.....	120 each, 6 in, 31 g	Place corn tortillas in hot holding cabinet for approximately 30 minutes prior to service. Leave in bags or place in a pan and cover with plastic wrap to retain moisture.
051495 Salsa, Low-sodium, Canned.....	1 qt + 3 1/2 cups	Place salsa in a serving container. To serve, layer or shingle two corn tortillas on tray. Using a no. 12 disher place 2 oz of taco filling on the top tortilla. CCP: Hold and serve at 135° F or above. Place a no. 30 disher of onion and cilantro mixture and 1 oz spoodle of salsa on top of taco filling.

*Nutrients are based upon 1 Portion Size (each)

Calories	333 kcal	Cholesterol	44 mg	Sugars	*3.8* g	Calcium	107.30 mg	34.37%	Calories from Total Fat
Total Fat	12.71 g	Sodium	336 mg	Protein	18.26 g	Iron	3.39 mg	13.27%	Calories from Saturated Fat
Saturated Fat	4.91 g	Carbohydrates	35.55 g	Vitamin A	396.6 IU	Water ¹	*57.82* g	*0.75%*	Calories from Trans Fat
Trans Fat ²	*0.28* g	Dietary Fiber	3.68 g	Vitamin C	8.4 mg	Ash ¹	*0.87* g	42.74%	Calories from Carbohydrates
								21.95%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.